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Media Release

For Immediate Release: May 21, 2019

**Summerland's 80's Theme Giant's Head Run
Saturday, June 1, 2019**

Summerland's Annual Giant's Head Run is going RETRO 80s theme for 2019.

Recreational Family Fun - **Since 1982!** This year the Giant's Head Run will be held at 6pm on Saturday, June 1st. This event is a highlight of the much anticipated **Summerland Action Festival** this year from Friday, May 31 – Sunday, June 2.

Prizes will be given out to best RETRO dressed, in addition to the over \$2,000 in event draw prizes for participants. There will be added features of 80s music along the route as well as bubbles and water spray stations. Gold, silver and bronze medals will be awards for the 22 race categories.

Join in on the community fun with the **Giant's Head Run!** Athletes can choose between either the 5 KM or 10 KM route. The race will begin outside the Summerland Aquatic Centre at 6 pm. The race committee welcomes those who want to race, run, walk or stroll. Official results will be available at www.sportstats.ca. A link to the results will also be posted at www.summerland.ca.

After the race, the Summerland Aquatic Centre will be hosting a free post-race swim from 6:15pm - 7:30pm.

Post-race awards and prizes will take place at 7:30pm at the Memorial Park bandshell.

Register online for the **Giant's Head Run** at www.runningroom.com.

Get your **Early Bird pricing by May 24th**: \$12 Youth - \$20 Adult - \$55 Family (up to 5 members).

After May 24th pricing: \$15 Youth - \$25 Adults - \$75 Family (up to 5 members).

For more information or to pick up an entry form, stop by the Summerland Recreation Office or call 250-494-0447.

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For more information please contact:

Summerland Recreation – 250-494-0447 – recreation@summerland.ca

Summerland Aquatic & Fitness Centre - 13205 Kelly Avenue

Memorial Park - 9999 Wharton St, Summerland, BC V0H 1Z0