



Media Release

For Immediate Release

DATE: September 23, 2026

Summerland Recreation Expands Youth Nights with Support from PlanH Funding

SUMMERLAND, B.C. – Summerland Recreation is expanding its Youth Nights program with support from a \$5,000 PlanH grant, creating more opportunities for local youth ages 12–17 to connect, participate in recreation and build a sense of belonging in their community.

Youth Nights provide youth with a dedicated space to hang out and connect with friends and peers, enjoy pizza and take part in recreation at the Summerland Aquatic & Fitness Centre.

PlanH is a partnership between BC Healthy Communities Society and the Ministry of Health that supports local governments in working with community partners to create healthier communities. The funding will support Summerland Recreation in building on the existing Youth Nights program and exploring opportunities to strengthen partnerships with local organizations and community groups.

Through this work, Summerland Recreation will explore additional ways to create safe, accessible and engaging opportunities for youth to connect, participate in positive recreational activities and become more involved in their community.

Upcoming Youth Nights are scheduled for:

- September 23
- October 28
- November 25
- December 16

Additional details will be shared through the Summerland Recreation Facebook page (<https://www.facebook.com/SummerlandRec>) and the online Recreation Guide (<https://www.summerland.ca/parks-recreation/recreation-guide>).

Local organizations and community groups interested in partnering to create additional youth-focused opportunities are invited to contact Summerland Recreation at recreation@summerland.ca.

Contact:

Amanda Dean

Recreation Coordinator

Ph: 250-494-0447

Email: recreation@summerland.ca



Youth night FREE



AT THE
pool



Ages 12 - 17

FREE Admissions

Pizza & Swim

PIZZA 7:30-7:45PM

SWIM 7:45-9:00PM

SEPT 23, 2026 | 7:30-9:00 PM

We acknowledge the financial support of the PlanH Program and the Province of British Columbia.

