



Media Release

For Immediate Release

DATE: May 13, 2026

2026 Giant's Head Run Returns June 6 — Early Bird Registration Closes May 19

SUMMERLAND – District of Summerland's 42nd annual Giant's Head Run is set for Saturday, June 6, 2026, bringing runners and spectators together for one of the community's most beloved traditions. With early bird registration closing on May 19, participants have just one week left to save on their entry — and the first 450 registrants are guaranteed the coveted race shirt.

Starting at 9:00 a.m., the race features two scenic routes: a 5.7 km urban loop and a 10.3 km run that encircles the picturesque base of Giant's Head Mountain. The start and finish line will once again be located outside the Summerland Aquatic & Fitness Centre at 13205 Kelly Avenue.

A community celebration for all ages

Beyond the race itself, Summerland Recreation is hosting a full family fun zone in the Aquatic & Fitness Centre parking lot, supported by Par-T-Perfect and Amuzing Rentals. The zone features a family photo booth and games for all ages, and is open to everyone — no race registration required. Community members are warmly invited to come out, cheer on the athletes at the Start/Finish line, and enjoy the festivities.

The Kids Fun Zone runs from 9:00 to 11:00 a.m., post-race awards begin at 10:30 a.m., and draw prize winners will be posted in the Fun Zone between 9:00 and 11:00 a.m. Post-race refreshments will be available for all athletes, and with 32 race categories and over \$2,500 in draw prizes up for grabs, there's plenty of excitement in store.

Volunteers wanted

The Giant's Head Run depends on the contributions of many volunteers to make it a success. A variety of roles are available before, during, and after the event, including course set up and take down, route marshals, package pick up, and fun-zone leaders. Anyone interested in lending a hand can reach out to recreation@summerland.ca.

Free cheer kits available

Not running but still want to be part of the action? Summerland Recreation is supplying free cheer kits to encourage community members to line both race routes and cheer on the runners. Kits will be available for pick up during the first week of June. To preregister for a kit, contact Summerland Recreation at 250-494-0447 or recreation@summerland.ca.

Registration details

Early bird pricing ends May 19 — register now at www.raceroster.com to save and secure a race shirt. Online registration closes at 4:00 p.m. on Friday, June 5, and in-person registration will be available at the Summerland Aquatic & Fitness Centre from 7:00 to 8:30 a.m. on race day.

For more information, visit www.summerland.ca/ghr or follow Summerland Recreation on Facebook for ongoing event updates.

Thank you to all the sponsors who make this event possible and affordable.

Contact:

Lori Mullin

Director - Community Services

Ph: 250-494-0447

Email: recreation@summerland.ca

1 poster attached

GIANT'S HEAD

EST. 1982

RUN

Saturday June 6, 2026
at 9:00 am

- ✓ Race shirts for first 450 registrants
- ✓ Family fun zone & refreshments
- ✓ Over \$2500 in draw prizes
- ✓ Timed race & medal ceremony



SPONSORED BY:



Register in person at the
Summerland Aquatic
& Fitness Centre
OR online at
raceroster.com



For more info:
recreation@summerland.ca
(250) 494-0447