



Media Release

For Immediate Release

DATE: May 9, 2025

Last Week for Early Bird Registration for the 2025 Giant's Head Run

SUMMERLAND – The District of Summerland's 41st annual Giant's Head Run takes place on Saturday, June 7, 2025. Early Bird pricing ends on May 17th—sign up now and save! The first 450 registrants will be guaranteed the coveted race shirt! Register at www.raceroster.com. The race is continuing at the 9:00 a.m. start time and features both the 5.7 km urban loop and 10.3 km run that encircles the picturesque base of Giant's Head Mountain.

The race start and finish line remain outside of the Summerland Aquatic & Fitness Centre (13205 Kelly Avenue). In addition to the morning run, Summerland Recreation will host a family fun zone supported by Par-T-Perfect and Amuzing rentals, a pancake breakfast by donation championed by Orca Swim Club, a family photo booth and games for all ages. All events will take place in the parking lot of the Summerland Aquatic and Fitness Centre. These added events are open and accessible to everyone; no race registration is required to join in the fun and cheer on our athletes at the Start/Finish line. Post-race refreshments will be available for all athletes. The Kids Fun Zone will be open from 9:00 – 11:00 a.m. and post-race awards start at 10:30 a.m.

New in 2025

Not planning to run in the race but still want to be part of the fun? Then consider showing your support along the race route. Summerland Recreation is supplying free cheer kits to encourage community members to space out on both race routes to cheer on our runners. Kits will be available for pick up in the first week of June. You can contact Summerland Recreation at 250-494-0447 or recreation@summerland.ca to preregister for a kit.

Looking for Volunteers

The Giant's Head Run is a community event that depends on the contributions of many volunteers to be successful. If you or someone you know are available, please consider lending a hand. There are a variety of job duties and times before, during, and after the event, including course set up and take down, route marshals, package pick up, fun-zone leaders, and more! If you are interested in volunteering, please contact recreation@summerland.ca.

Thank you to all the sponsors who make this event possible and affordable. There are 32 race categories, and over \$2,500 in draw prizes. Online registration is scheduled to close at 4:00 p.m. on Friday, May 31, in person registration will be available at the Summerland Aquatic & Fitness Centre from 7:00 - 8:30 a.m. on Saturday June 7.

To register, visit www.raceroster.com and follow us Facebook at Summerland Recreation to stay up to date as event detail are released. For more information on the 2025 Giant's Head Run please visit: www.summerland.ca/ghr.

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Contact:

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1 poster attached



Giant's Head Run

5.7K - 2025 - 10.3K

Saturday June 7, 2025

9am start

Registration includes:

- Family Fun Zone
- T-shirt for first 450 registrants
- Prizes
- Refreshments
- Awards

Special thank you to our sponsors!



Register in person at the
Summerland Aquatic
& Fitness Centre
OR online at
raceroster.com

(Additional processing fee when registering online)



For more info:
recreation@summerland.ca
(250) 494-0447

