

FITNESS CENTRE

COVID-19 CODE OF CONDUCT

- Pre-registration is required to attend the Fitness Centre.
- Stay home when sick. Do not enter the Summerland Aquatic & Fitness Centre if experiencing symptoms of COVID-19 in the last 10 days; have been directed by Public Health to self-isolate, have arrived from outside Canada within the last 14 days or have been in contact with someone who has.
- Adhere to the pre-screening questionnaire every time entering the building.
- Arrive on time for your time slot. Staff will be managing the check-in at the main entrance.
- All patrons must have read and agree to the follow Code of Conduct.
- All patrons must adhere to the floor markings and directional arrows when entering and exiting the facility.
- Music levels in the fitness centre **MUST** be below speaking volume. Patrons may listen to music with headphones but are required to take headphones off when communicating with another patron/staff.
- Patrons must bring or use a personal water bottle. Water fountains are no longer available.
- Masks are **MANDATORY** in all District of Summerland buildings and **MUST** be worn at all times including while exercising.
- People who are unable to wear a mask must maintain at least 3m distance at all times when in the facility.
- Respect all facility and COVID-19 signage within the building.
- Physical distancing of 2.5m at all times when exercising.
- If movement is occurring, each patron should maintain at least 3m from each other.
- Physical distancing of 2m must be maintained when not exercising and at all other times in the facility.
- Wash your hands before and after working out with soap and water or hand sanitizer.
- Adhere to capacity limits as posted.
- Clean all fitness equipment before and after use.
- Mats **MUST** be used for exercise activities on any floor surface. Sanitize mats after use.
- Please arrive for your time slot wearing fitness attire. Change rooms are unavailable (Washroom access and a limited number of lockers are available in the fitness centre).
- Patrons will be asked to leave the facility if not adhering to and/or following the guidelines, policies, procedures and/or the code of conduct outlined by the District of Summerland.