

## Mayor's Report

June 28, 2021

I hope everyone enjoyed Father's Day on June 20 and were able to enjoy family gatherings either in the Okanagan or elsewhere in the province.

June 20 was also the first day of summer. It's hard to believe that the longest day of the year is behind us, given the sunny and record temperatures we've been experiencing over the last several days.

The forecasted extreme heat was also on the agenda for the June 24 weekly Interior Health Mayor Vaccine Roundtable.

- Please regularly check older adults, infants and children, those doing a lot of physical activity or working outside, and people with chronic disease or mental illness for signs of heat-related illness. Make sure they are keeping cool and drinking plenty of fluids.
- Those who cannot access an air-conditioned space can cool off by having a cool shower or bath. Interior Health also cautions that at temperatures above 30° C, fans alone may not be able to prevent heat-related illness.
- Never leave children or pets alone in a parked car. Temperatures can rise to 52° C within 20
  minutes inside a vehicle when the outside temperature is 34° C. Leaving the car windows slightly
  open will not keep the inside of the vehicle at a safe temperature.

For information on signs of heat-related illness or ways that you can help your neighbours, friends and family, visit interiorhealth.ca. The link is also on the District's home page at summerland.ca.

Respectfully submitted,

Mayor Toni Boot