



Administration Department

13211 Henry Ave. Box 159

Summerland, BC V0H 1Z0

Phone 250 494-6451

www.summerland.ca

Media Release

For Immediate Release

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Giant's Head Run Returns to Summerland

The District of Summerland is celebrating the return of the Giant's Head Run on Saturday, June 4, 2022, a feature event during Action Festival Weekend. After a 2-year hiatus due to COVID-19 precautions and restrictions, the District of Summerland is thrilled to relaunch this annual and highly popular community run.

This run showcases a 5.7 km urban loop and 10 km run that encircles the picturesque base of Giant's Head Mountain. There are 28 race categories, and over \$2,500 in draw prizes. The start and finish line are at the Summerland Aquatic & Fitness Centre, 13205 Kelly Avenue.

"We are officially inviting the Okanagan community and beyond to join us in the Giant's Head Run", said Mayor Toni Boot. "It is so important to restart our community connections, build community spirit and support outdoor and active lifestyles with a race route that showcases Summerland's beauty with Giant's Head Mountain as a backdrop."

The theme for 2022 is again a "Retro Run". Come dressed in 80's & 90's gear or bright neon colours to join in on the retro theme style! Along the race route we will have cool spray features and jamming retro music. The race will commence at 6:00pm and awards ceremony will start at approximately 7:15pm along with prize giveaways and a bouncy castle onsite at the Aquatic Centre finish zone.

Thank you to our many community sponsors for the ongoing support and assistance with providing this affordable and fun community run. To register, visit runningroom.com or in person at the Summerland Aquatic & Fitness Centre. Early bird pricing ends May 29, 2022.

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Contact:

Graham Statt

Chief Administrative Officer - District of Summerland

Ph: 250-404-4043

Email: gstatt@summerland.ca