

# Health Club Schedule

## Sept. 11 - Dec. 22, 2017

**CLOSED**  
**Oct. 9 &**  
**Nov. 11/17**

### HEALTH CLUB MEMBERSHIP

Teens/Seniors (13+/65+)		Adults (19-64)		*Family (13+)
Drop-in	\$5.00	Drop-in	\$6.75	1 month \$177.50
1 month	\$50.00	1 month	\$64.00	3 Months \$430.75
3 Months	\$127.00	3 Months	\$151.75	* Family Rate:
6 Months	\$195.00	6 Months	\$245.00	2 adults and their own
1 Year	\$355.50	1 Year	\$453.00	children 13-18 years.
Book of 10	\$37.00	Book of 10	\$53.25	All prices include tax.

Health Club membership rates include fitness room & pool.

### FITNESS ROOM

#### HOURS:

**Monday - Friday**  
**6:00am - 9:15pm**

**Saturday & Sunday**  
**9:00am - 8:00pm**

*Last entry into the  
 pool or fitness room  
 is 30 min. before  
 closure.*

### POOL 1 lane of 25m pool, hot tub, sauna

**Saturday and Sunday**  
 1:30pm - 4:00pm / 6:30pm - 8:00pm

**Monday and Wednesday**  
 6:30am - 11:00am / Noon - 1:15pm / 6:30pm - 9:15pm

**Tuesday and Thursday**  
 6:30am - 1:15pm / 2:00pm - 3:00pm / 6:30pm - 9:15pm

**Friday**  
 6:30am - 11:00am / Noon - 1:15pm / 3:00pm - 5:00pm  
 6:30pm - 8:00pm

### Book your WEIGHT ROOM introduction!

*-Free with a first time pass.*

Get the information  
 needed to get started in the fitness room.

Call 250-494-0447 to book an appointment



\* Due to fitness programs floor space may be limited.  
 Please check notice board in fitness room.