

Fitness Centre Schedule • April 2-August 23

CLOSED MAY 20, JULY 1, AUG 5. ANNUAL MAINTENANCE CLOSURE AUG 26-SEPT 8.

Health Club memberships includes full access to the Fitness Centre and access to our 25m pool, hot tub and sauna when available. Last entry into the pool or fitness room is 30 minutes before closure.

The Fitness Centre at the Summerland Aquatic Centre features an extensive variety of cardio and weight equipment.

Our equipment includes:

- Free Weights & Kettlebells
- Treadmills
- Stationary/Recumbent/Spin Bikes
- Ellipticals
- Rowing Machine

We provide a safe and pleasant atmosphere for our members and guests. Whether you want to increase your overall fitness, lose weight or train for that upcoming race, we have the equipment to assist you.



FEES – HEALTH CLUB – POOL & FITNESS CENTRE

ADMISSION	DROP-IN	10 PASS	1-MONTH PASS	3-MONTH PASS	6-MONTH PASS	1-YEAR PASS
Teen 13-18 years	\$5.00	\$45.00	\$50.00	\$127.50	\$210.00	\$351.00
Adult 19-64 years	\$6.75	\$60.75	\$67.50	\$172.13	\$283.50	\$473.85
Senior 65+ years	\$5.00	\$45.00	\$50.00	\$127.50	\$210.00	\$351.00
Family (13+)*	\$15.00	\$135.00	\$150.00	\$382.50	\$630.00	\$1,170.00

*A family consists of 2 adults and their own children 13-18 years. All fees include GST.

FITNESS CENTRE HOURS

Fitness Centre Spring Schedule

APRIL 2-JUNE 30

Mon-Fri 6:30am-8:45pm
Sat & Sun 9:00am-6:15pm

Summer Schedule

JULY 2-AUGUST 23

Mon-Fri 6:30am-7:15pm
Sat & Sun Closed

CLOSED
MAY 20